

WHAT IS LAX-FOS

LAX-FOS is an Improved Cascara (a tonic-laxative)

In LAX-FOS the Cascara is improved by the addition of certain harmless chemicals which increase the efficiency of the Cascara, making it better than ordinary Cascara. LAX-FOS is pleasant to take and does not gripe nor disturb stomach. Adapted to children as well as adults. Just try one bottle for constipation. 50c.

Under Way.

"I'm going to put on a musical show," said the manager.
"Have you secured the music?"
"No; but I've hired a costume designer."

SOUR, ACID STOMACHS, GASES OR INDIGESTION

Each "Pape's Diapiesin" digests 3000 grains food, ending all stomach misery in five minutes.

Time it! In five minutes all stomach distress will go. No indigestion, heartburn, sourness or belching of gas, acid, or eructations of undigested food, no dizziness, bloating, foul breath or headache.

Pape's Diapiesin is noted for its speed in regulating upset stomachs. It is the surest, quickest stomach remedy in the whole world and besides it is harmless. Put an end to stomach trouble forever by getting a large fifty-cent case of Pape's Diapiesin from any drug store. You realize in five minutes how needless it is to suffer from indigestion, dyspepsia or any stomach disorder. It's the quickest, surest and most harmless stomach doctor in the world.—Adv.

Wisdom.

"An owl isn't really the bird of wisdom. He merely looks wise and does nothing."

"Well," replied Senator Sorghum, "under the circumstances, isn't that the wisest thing he could do?"

DANDRUFF AND ITCHING

Disappear With Use of Cuticura Soap and Ointment—Trial Free.

The first thing in restoring dry, falling hair is to get rid of dandruff and itching. Rub Cuticura Ointment into scalp, next morning shampoo with Cuticura Soap and hot water. Prevent skin and scalp troubles by making Cuticura your everyday toilet preparation.

Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

Made Gown in Seven Minutes.

In these days of "off again, on again, gone again" discussion, with women writing to the newspapers and telling how they can bathe, dress, powder and all the rest of it in so many (or so few) minutes, here comes a "mere man" who puts them all to shame. He is Richard Leslie of the American Band company, and before an audience of the students and teachers of the New York evening school of industrial art he gave an artistic illustration of how to design a dress by draping it on the living model. With half a dozen yards of yellow silk and as many of crystal-headed tulle Mr. Leslie made up a fashionable evening dress in about seven minutes. He could have done it in less time, he said, but he wished to have his students follow his methods.—New York Telegram.

Exempt.

"Avoid criticizing," she said. "Don't make a practice of finding fault with other people, or picking flaws in what they say or do."

"Teacher," spoke up a little boy, "that's the way my father makes his livin'!"

"You surprise me, George! What is your father's occupation?"

"He's a proofreader, ma'am."
The teacher coughed. "Well, George," she said, "I make an exception in the case of your father."
Youth's Companion.

If you are well bred, you will be as agreeable to your social inferiors as to your equals and superiors.

Why Wait

Mr. Coffee Drinker, till heart, nerves, or stomach "give way?"

The sure, easy way to keep out of coffee troubles is to use the pure food-drink—

POSTUM

Better quit coffee now, while you are feeling good, and try Postum, the popular American beverage.

"There's a Reason"

Spectacles of the Russian Ballet



The spectacles presented by the Russian Ballet were revelations of gorgeous color. Audiences were enthralled by them, responding to the fascination of the most marvelous management of color that has ever inspired them to enthusiasm. It is for students of the times to determine how great an influence these spectacles have had on fashions. We see this influence reflected now and know that it will reappear in the spring, for it has given women "the courage of color," as Rostand expresses it.

The legends of the ballets make a limitless playground for the imaginations of those who must enjoy so rich a field. In "Scheherazade," the scene is a sultan's harem. It goes without saying that here is chance for reproducing and elaborating oriental splendor. "Le Carnaval" betrays by its name how great the variety it includes, and "Cleopatra" revives the wonders of old Egypt.

In "Thamar" and "Sadko" imaginative designing reaches the zenith of its marvels. In "Sadko" there is nothing either to guide or to hamper the fancy of the costume. The scene is laid at the bottom of the sea in the realm of the ruler of the ocean, where the fortunes of Sadko, a roving musician, have landed him. The stage is peopled

with groups representing swaying seaweed, corals, sea flowers, fishes and other inhabitants of the deep, clear waters.

The costuming is a revelation of resourcefulness and of beauty that lures the mind into unexplored paths. Why not take the corals or anything else on land or sea as inspirations and make life a continual round of impersonations? In the accompanying picture "The Bird" of the Russian Ballet leads us to ponder the prodigality of nature in clothing the feathered tribe. Color and more color is the bequest of the ballet.

Novelty in Handles.

Cherries are always more or less popular on umbrella handles, and one of the new umbrellas fairly bristles with them. Bright red cherries on stems are carried along the full length of the handle. It is the branch of a cherry tree and unusually well laden with fruit.

Borders of Braid.

On some of the new suits for autumn there is little trimming, though broad silk braid is occasionally employed as a border for skirt and coat. Belts are ubiquitous, though on many models the belt appears back and front.

The Gorgeous Hat of Midwinter



Midwinter millinery is about to make its exit from fashion's stage. It has made a splendid performance and will be bowed out amid many plaudits for its brilliant triumphs, for it has grown more and more rich and beautiful as the season advanced to its climax. Already demi-season hats of satin are making their appearance, intended to tide over the time between winter and spring. But we shall not turn our backs on the gorgeous hats of midwinter without casting "one longing, lingering look behind."

A look will be rewarded with such inspiring headwear as is pictured in the group of hats above, and any one of them is fascinating enough to make one bless the winter season. At the center of the group a hat of heavy blue silk lace is made over a wire frame and lined with silver gauze. The Nattier blue of the lace looks particularly well with moleskin, and the hat has a top crown of this fur. There are medallions in the pattern of the lace, about the side crown, and every other one is covered with a medallion of fur.

At the left a hat of satin is covered with a delicate net and lace of gold. The lace extends beyond the ribbon in the brim. There are three clusters of metallic roses and foliage about the

crown, and this model would be quite as much at home among palms and flowers as it is against a background of snow and ice.

The third hat is of black chantilly lace and kolinsky fur. The brim-edge is bound with fur and there is a narrow band of it about the crown. An odd star-shaped ornament, covered with jet beads, is applied to the top crown and its points are extended into ornaments that lie flat against the side crown. Two jet balls rest on the brim at the right side. The hat is a reserved and quiet design made sufficiently brilliant to hold its own in gay company, by the jet ornaments.

Julia Bonnelly

Cluny Lace From China.

Cluny lace, the most widely serviceable, durable and practical of hand-made edgings and insertions for general use where something worth while is desired, now comes from China. It is made there at lower rates than in Europe. The Chinese lace is known as Chee Foo, from the place from which it comes.

FANTILIMELIGHT

THE HUMAN COCKTAIL



King Constantine is one of the strangest figures of the present upside-down time. Hardly three years ago he was the idolized hero, king of a re-born, united Greece, and now—

King Constantine's character is brusque and stubborn. To a remarkable degree he is void of that superior intelligence and conquering amiability which characterized the late King George, and which helped him lead the little country through many trying and difficult years to robust development, extension and honored position.

From his very childhood the present king, like his queen (the Kaiser's sister), has shown a dangerous lack of self-control. His fits of uncontrollable tempests of rage were always a source of concern to his parents, brothers and sisters. And the outburst did not grow less as years passed by—on the contrary.

On the other hand, the king is being praised for his great loyalty, for faithfulness toward friends and for his kindly behavior toward the soldiers he has often led to victory. A handsome and manly appearance, a courageous, energetic general, a man whose unusually hard and sullen face is at times lit up by an almost boyish smile that leaves big dimples in his yellow face.

"His majesty is a sort of human cocktail," remarked an American journalist after an audience with the king.

LABOR'S MAN IN WAR CABINET

Representing labor in Premier Lloyd-George's war cabinet is Arthur Henderson, minister without portfolio, who has risen from the state of an ordinary day worker to this high place.

Arthur Henderson was a Glasgow lad who served his apprenticeship as molder in the great steamship works of Robert Stephenson & Co. at Newcastle. What education he has was obtained at night after his day's work was done. He never had the advantage of an elementary education in schools.

He went into local politics as a young man at Newcastle, was a member of the city council and 12 years ago served as mayor of the little town of Darlington, near Newcastle, which proved a stepping stone that same year to the house of commons. He never touches alcohol and is an active worker in the Wesleyan church. Last year he became secretary of education in Asquith's cabinet. Henderson has the heart and the unpretentious manners of the class into which he was born and as well the instincts of conservative judgment and refinement of taste which make him, on the one hand, personally likable whether with the high or the low, and, on the other hand, extremely susceptible to the subtle appeal of responsibility in political office and of the charm of cultivated society.

Henderson is broad of view and courageous in the counsel he gives the workers in relation to the war. That he will develop into another John Burns, quite alienated from the principles of the workingman which he formerly avowed, is considered probable, though he will doubtless retain the plain life of his youth.

CLARA RUTH MOZZER



Clara Ruth Mozzer, attorney and former newspaper girl, recently appointed assistant attorney general in Colorado, is the first woman in the country to hold that position. Her appointment by the attorney general elect, Leslie E. Hubbard, was the result of a campaign on the part of Colorado women, and she even obtained the endorsement of Mrs. Hubbard, wife of the appointing officer.

Miss Mozzer, when she passed her legal examination in 1915, was the youngest woman ever admitted to the bar in Colorado. When only thirteen she sold signed articles to the Sunday magazine section of the Springfield (Mass.) Republican.

At the age of fifteen, when a junior in the high school, she attracted attention by organizing settlement work in the Jewish settlement of West Denver. She was graduated from the East Denver high school, took her bachelor of arts degree at Denver university and graduated in law from the University of Colorado. Friends await her exhibition of prosecuting ability enthusiastically.

SENDS MAILS TO BELLIGERENTS

When the great world war started in August, 1914, it meant a great deal more work for Uncle Sam, postmaster.

It meant that he would have to study over the midnight oil for a long time figuring out how to get the mails delivered safest, quickest, and cheapest, to the belligerent nations. There was a ring of steel about Germany—how would she get her American mail? Holland, the Scandinavian countries, Turkey, all wanted mail, quick and unimpeded.

In the postal service, however, was a man who was trained to take care of emergencies of this character. A quarter of a century of work in Uncle Sam's division of foreign mails had fitted Robert L. Maddox for just such work, and for the last three years he has been amazing the higher postal officials by the efficiency with which mails were dispatched to belligerent countries. Twenty-five years ago Maddox entered the post service as a clerk at \$1,000 a year. Today he is superintendent of foreign mails, and has to look after the dispatch of postal matter across the water to the nations battling so vigorously.

Nor is this all he is interested in. He is on a mission to the Isthmus of Panama, to arrange for greater expedition and safety in the handling of mails to South America.



The Influence OF Good Digestion

is far reaching. It means

Better Appetite—
Proper Assimilation—
Liver and Bowel
Regularity—
Improved Health—

To Aid Digestion—TRY
HOSTETTER'S
Stomach Bitters
It Helps Nature In Every Way

Too Much to Ask.

"Is this train on time?" asked the impatient passenger.

"My friend," replied the conductor, impressively, "With all we've got to think about in connection with congress, the Supreme court and the interstate commerce commission, you surely aren't going to ask us to burden our minds with a minor detail like that, are you?"

WOMAN'S CROWNING GLORY is her hair. If yours is streaked with ugly, grizzly, gray hairs, use "La Creole" Hair Dressing and change it in the natural way. Price \$1.00.—Adv.

Gentle Thrust.

Miss Oldgirl—I remember when the girls married much younger than they do now.

Miss Pert—Yes, so grandma tells me.

THICK, GLOSSY HAIR
FREE FROM DANDRUFF

Girls! Try it! Hair gets soft, fluffy and beautiful—Get a 25 cent bottle of Danderine.

If you care for heavy hair that glistens with beauty and is radiant with life; has an incomparable softness and is fluffy and lustrous, try Danderine.

Just one application doubles the beauty of your hair, besides it immediately dissolves every particle of dandruff. You can not have nice heavy, healthy hair if you have dandruff. This destructive scurf robs the hair of its lustre, its strength and its very life, and if not overcome it produces a feverishness and itching of the scalp; the hair roots flamb, loosen and die; then the hair falls out fast. Surely get a 25-cent bottle of Knowlton's Danderine from any drug store and just try it.—Adv.

No News.

Teacher—Your daughter, sir, has a fine carrying voice.

Father—I know that by the way it is carrying off my money.

THIS IS THE AGE OF YOUTH.

You will look ten years younger if you darken your ugly, grizzly, gray hairs by using "La Creole" Hair Dressing.—Adv.

Helpful Work.

The United States department of agriculture has a large force which devotes its entire time to developing new by-products and methods of saving material now wasted.

Garfield Tea was your Grandmother's Remedy for every stomach and intestinal ill. This good old-fashioned herb home remedy for constipation, stomach ills and other derangements of the system so prevalent these days is in even greater favor as a family medicine than in your grandmother's day.—Adv.

His Literature.

"Not literature, eh?"
"The only book he cares for is the volume of business."

Exception to the Rule.

"New brooms sweep clean."
"No cleaner than old brooms before Christmas."

Strangely enough, people with the most taste use their tongues the least.

Why That Lame Back?

Morning lameness, sharp twinges when bending, or an all-day back-ache; each is cause enough to suspect kidney trouble. Get after the cause. Help the kidneys. We Americans go it too hard. We overdo, overeat and neglect our sleep and exercise and so we are fast becoming a nation of kidney sufferers. 72% more deaths than in 1890 is the 1910 census story. Use Doan's Kidney Pills. Thousands recommend them.

A Kansas Case

G. W. Hersh, V. Sixth St., Frankfort, Kan., says: "I went through a serious operation for kidney trouble. After that I was bothered by scaling and two frequent passages of the kidney secretions. Often I got so weak and dizzy I could hardly stand and everything before me turned black. Doan's Kidney Pills removed the pain when passing the kidney secretions, regulated the kidney action and corrected the dizziness and other ailments."

Get Doan's at Any Store, 50c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.